

# 2024 Summary of Benefits

NHC Advantage (HMO I-SNP)

H4172, Plan 001

This is a summary of drug and health services covered by NHC Advantage (HMO I-SNP) January 1, 2024 - December 31, 2024.

NHC Advantage (HMO I-SNP) is a Medicare Advantage HMO I-SNP Plan (HMO stands for Health Maintenance Organization) (I-SNP stands for Institutional Special Needs Plan) with a Medicare contract. Enrollment in the Plan depends on contract renewal.

This information is not a complete description of benefits. Call 1-844-854-6886, TTY should call 711, for more information.

The benefit information provided is a summary of what we cover and what you pay. It does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, visit our website at <a href="NHCAdvantagePlan.com">NHCAdvantagePlan.com</a>, or call Member Services and request the *Evidence of Coverage*.

#### **To Reach Our Member Services Representatives:**

- Toll Free 1-844-854-6886, TTY/TDD should call 711.
- Hours of operation: 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.

#### To join NHC Advantage (HMO I-SNP), you must:

- be entitled to Medicare Part A,
- -- and -- be enrolled in Medicare Part B,
- -- and -- live in our service area,

• -- and -- reside in one of our participating nursing facilities for greater than 90 days or live in a community setting (including in an assisted living or independent living community) and meet the institutional level of care. For a list of participating communities/facilities, contact Member Services or see our website <a href="https://www.nurser.com">NHCAdvantagePlan.com</a>.

#### Our service area includes:

- these counties in Missouri: Camden, Greene, Jackson, Jasper, Newton, St. Charles, and St. Louis
- these counties in South Carolina: Aiken, Anderson, Beaufort, Charleston, Greenville, Greenwood, Horry, Laurens, Lexington, Richland, and Sumter
- these counties in Tennessee: Anderson, Coffee, Davidson, DeKalb, Dickson, Fayette, Gibson, Giles, Hamilton, Knox, Lawrence, Marshall, Maury, McMinn, Putnam, Robertson, Rutherford, Sequatchie, Sullivan, Sumner, Warren, Washington, White, Williamson, and Wilson

NHC Advantage (HMO I-SNP) has a network of doctors, hospitals, pharmacies, and other providers that can be found on our website at <a href="NHCAdvantagePlan.com">NHCAdvantagePlan.com</a>. If you use providers that are not in our network, the plan may not pay for these services.

This document is also available in braille and in large print.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You 2024" handbook. View it online at <a href="https://www.medicare.gov">https://www.medicare.gov</a> or get a copy by calling 1-800-MEDICARE (1800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

	NHC Advantage (HMO I-SNP)
Monthly Plan Premium (includes both medical and drugs)	\$42.50
	You must continue to pay your Medicare Part B premium.
Deductible	The Part B deductible is \$240.
	For the Part A deductible, you pay the 2024 Original Medicare cost-sharing amounts for Inpatient Hospital or Mental Health for inpatient visits.  \$1,632 deductible
Maximum out-of-pocket amount (does not include Part D Prescription drugs)	\$8,850
Inpatient Hospital coverage	You pay the 2024 Original Medicare cost-sharing amounts. \$1,632 deductible; \$0 copayment each day for days 1 to 60; \$408 copayment each day for days 61 to 90; \$816 copayment each day for days 91 to 150 (lifetime reserve days).  Medicare hospital benefit periods apply.  A benefit period begins on the first day you go to a Medicare-covered inpatient hospital or a skilled nursing facility. The benefit period ends when you haven't been an inpatient at any hospital or SNF for 60 days in a row. If you go to the hospital (or SNF) after one benefit period has ended, a new benefit period begins. There is no limit to the number of benefit periods you can have. <i>Prior authorization is required</i> .
Outpatient Hospital coverage	
Outpatient hospital services	20% coinsurance Prior authorization is required.
Outpatient hospital observation services	\$100 copayment per stay Prior authorization is required.
Ambulatory Surgical Center (ASC)	20% coinsurance Prior authorization is required.

	NHC Advantage (HMO I-SNP)
<b>Doctor Visits</b>	
Primary Care Providers	\$0 copayment
Specialists	20% coinsurance Prior authorization is required.
Preventive Care (e.g., flu vaccine, diabetic screenings)	You pay nothing.
Emergency care	\$90 copayment Copayment is waived if you are admitted to a hospital within 3 days.
Urgently needed services	20% coinsurance Up to a maximum of \$55 per visit. Coinsurance is waived if you are admitted to a hospital within 3 days.
Diagnostic Services/Labs/Imaging	
Diagnostic tests and procedures	20% coinsurance No Authorization required when services are rendered in a Nursing Facility or Physician Office.
Diagnostic radiology services (e.g. MRI, CAT Scan)	20% coinsurance Prior authorization is required.
Lab services	\$0 copayment No authorization required for lab services rendered in any place of service. Authorization required for genetic testing only.
Outpatient X-rays	20% coinsurance X-rays do not require authorization when service is rendered in a nursing facility, physician's office or hospital.
Therapeutic Radiology	20% coinsurance Prior authorization is required.

	NHC Advantage (HMO I-SNP)
Hearing services	
Hearing exam	20% coinsurance for each Medicare-covered service.
Supplemental benefits Routine hearing exam	\$0 copayment Limited to 1 visit every year
Hearing aids	Up to a \$1,000 credit for both ears combined every year for hearing aids.
Dental services	
Medicare-covered dental	20% coinsurance for each Medicare-covered service.  Prior authorization is only required for Medicare-covered comprehensive dental services.
Supplemental benefits	
Preventive and comprehensive services	1 oral exam(s); 1 cleaning(s) every six months. Dental X-rays limitations are included in the <i>Evidence of Coverage</i> .
	\$1,650 every year for use to access (non-Medicare and/or non-Medicaid covered services) supplemental preventive and comprehensive dental services combined. All services must be provided by <b>Liberty Dental</b> .
	Our plan partners with Liberty Dental to provide your dental benefits. To locate a network provider or to review Liberty Dental Plan's Clinical Guidelines, you may call Member Services at 1-866-544-1942 or search the Liberty Dental online provider directory at libertydentalplan.com/nhcadvantage. If you choose to use a provider outside of the network, the services you receive will not be covered. Additional Limitations and Exclusions may be found in the <i>Evidence of Coverage</i> .

	NHC Advantage (HMO I-SNP)
Vision care	
Exam to diagnose and treat diseases and conditions of the eye	20% coinsurance for each Medicare-covered service.
For people with diabetes, screening for diabetic retinopathy is covered once per year.	20% coinsurance for each Medicare-covered service.
Eyewear after cataract surgery	\$0 copayment for each Medicare-covered service.
Glaucoma screening	\$0 copayment for each Medicare-covered service.
Supplemental benefits	
Routine eye exam	\$0 copayment Limited to 1 visit every year
Additional routine eyewear	Up to a \$270 combined credit every year.
o Contact lenses	
o Eyeglass lenses	
o Eyeglass frames	
<ul> <li>Eyeglasses (lenses and frames)</li> </ul>	
o Upgrades	
Mental Health Services	
Inpatient visit	You pay the 2024 Original Medicare cost-sharing amounts. \$1,632 deductible; \$0 copayment each day for days 1 to 60; \$408 copayment each day for days 61 to 90; \$816 copayment each day for days 91 to 150 (lifetime reserve days).  Prior authorization is required.
Outpatient group therapy visit	20% coinsurance
Outpatient individual therapy visit	20% coinsurance

	NHC Advantage (HMO I-SNP)
Skilled nursing facility (SNF) care	\$0 copayment for each Medicare-covered skilled nursing facility stay.  Prior authorization may be required. Please contact the plan for additional details.
Physical Therapy	20% coinsurance Prior authorization may be required. Please contact the plan for additional details.
Ambulance services	
Ground Ambulance	20% coinsurance
Air Ambulance	20% coinsurance
Transportation (Non-Emergency)	Not covered
Medicare Part B prescription drugs	
Chemotherapy/ Radiation drugs	0% - 20% coinsurance For chemotherapy, authorization is required for the initial drug approval only.
Other Part B drugs	0% - 20% coinsurance Prior authorization is required for some medications.

	NHC Advantage (HMO I-SNP)	
Outpatient Prescription Drugs		
	Standard retail cost-sharing (in-network) (up to a 30-day supply)	Long-term care (LTC) cost-sharing (up to a 31-day supply)
Deductible	\$545 for all Part D prescription drugs.	
Cost- Sharing for Covered Drugs	25% coinsurance	25% coinsurance
Coverage Gap	\	uding what our plan has paid and 30, you will pay no more than 25%

	NHC Advantage (HMO I-SNP)	
Outpatient Prescription Drugs		
	Standard retail cost-sharing (in-network) (up to a 30-day supply)  coinsurance for generic drugs or drugs, for any drug tier during the	
Catastrophic Coverage	After your yearly out-of-pocket of purchased through your retail phareach \$8,000, you pay nothing.	• •

Cost-sharing may differ based on point-of-service (retail, Long Term Care (LTC)), home infusion, whether the pharmacy is in our standard network, or whether the prescription is a short-term (30-day supply) or long term (90-day supply).

**Important Message About What You Pay for Vaccines** - Our plan covers most Part D vaccines at no cost to you, even if you haven't paid your deductible. Call Member Services for more information.

**Important Message About What You Pay for Insulin** - You won't pay more than \$35 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on, even if you haven't paid your deductible.

#### **Additional Benefits**

	NHC Advantage (HMO I-SNP)
<b>Beauty and Barber Shop Visits</b>	\$0 copayment
	Our plan will cover up to two visits per month to a preferred beauty/barber shop for each member*.
	*This benefit is available only to members with certain chronic conditions. See the list of conditions below to find out if you qualify:
	<ul> <li>Chronic alcohol and other drug dependence</li> <li>Autoimmune disorders</li> <li>Cancer</li> <li>Cardiovascular disorders</li> <li>Chronic heart failure</li> <li>Dementia</li> </ul>

	NHC Advantage (HMO I-SNP)	
	<ul> <li>Diabetes</li> <li>End-stage liver disease</li> <li>End-stage renal disease (ESRD)</li> <li>Severe hematologic disorders</li> <li>HIV/AIDS</li> <li>Chronic lung disorders</li> <li>Chronic and disabling mental health conditions</li> <li>Neurological disorders</li> <li>Stroke</li> <li>Osteoarthritis</li> <li>Hypertension</li> <li>Hyperlipidemia</li> </ul>	
Occupational therapy	20% coinsurance Prior authorization may be required. Please contact the plan for additional details.	
Over-the-counter benefit	\$0 copayment You are eligible for a \$90 credit per quarter to be used toward the purchase of over-the-counter (OTC) health and wellness products. Please contact the plan for additional details. Unused credits do not roll over to the next period.	
Podiatry services (Foot care) Foot exams and treatment	20% coinsurance for each Medicare-covered service.	
Supplemental Benefit Additional routine foot care	\$0 copayment Limited to 6 visit(s) every year	

## **Pre-Enrollment Checklist**

NHC Advantage (HMO I-SNP)

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at 1-844-854-6886 (TTY 711).

Underst	anding the Benefits
	The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs, and benefits before you enroll. Visit NHCAdvantagePlan.com or call 1-844-854-6886 (TTY 711) to view a copy of the EOC.
	Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
	Review the pharmacy directory to make sure the pharmacy you use for any prescription medicine is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.
	Review the formulary to make sure your drugs are covered.
Underst	anding Important Rules
	<b>Effect on Current Coverage.</b> Your current health care coverage will end once your new Medicare coverage starts. For example, if you are in Tricare or a Medicare plan, you will no longer receive benefits from that plan once your new coverage starts.
	In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
	Benefits, premiums and/or copayments/co-insurance may change on January 1, 2025.
	Except in emergency or urgent situations, we do not cover services by out-of-network providers (doctors who are not listed in the provider directory).
	<b>For I-SNP enrollees only:</b> This plan is an institutional special needs plan (I-SNP). Your ability to enroll will be based on verification that you, for 90 days or longer, have had or are expected to need the level of services provided in a skilled nursing facility, a nursing facility, an intermediate care facility for individuals with intellectual and developmental disabilities, a psychiatric hospital or unit, a rehabilitation hospital or unit, a long-term care hospital, a swing-bed hospital, or a facility approved by CMS that furnishes similar services.

### **Pre-Enrollment Checklist**

NHC Advantage (HMO I-SNP)

NHC Advantage is an HMO I-SNP with a Medicare contract. Enrollment in NHC Advantage depends on contract renewal.

Out-of-network/non-contracted providers are under no obligation to treat NHC Advantage members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost- sharing that applies to out-of-network services.

NHC Advantage complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-854-6886 (TTY 711).

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-844-854-6886 (TTY 711).

تامردخ نإف ،ةغللا ركذا ثدحتت تنك اذإ: ةظوحلم مقر - مقرب لصتا. ناجملاب كل رفاوتت المردخ نإف ،ةغللا و (TTY 711) اله مصلاً هدعاسملاً



#### Multi-Language Insert

#### Multi-language Interpreter Services

**English:** We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-844-854-6886. Someone who speaks English/Language can help you. This is a free service.

**Spanish:** Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-844-854-6886. Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

**Chinese Mandarin:** 我们提供免费的翻译服务,**帮**助**您**解答**关**于健康或药物保险的任何疑问。如果**您**需要此翻译服务,请致电 **1-844-854-6886**。我们的中文工作人员很乐意**帮助您**。这是一项免费服务。

**Chinese Cantonese: 您**對我們的健康或藥物保險可能存有疑問,為此我們提供免費的翻譯 服務。如需翻譯服務,請致電 **1-844-854-6886**。我們講中文的人員將樂意為**您**提供幫助。這是一項免費服務。

**Tagalog:** Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-844-854-6886. Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

**French:** Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-844-854-6886. Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

Vietnamese: Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quí vị cần thông dịch viên xin gọi 1-844-854-6886 sẽ có nhân viên nói tiếng Việt giúp đỡ quí vị. Đây là dịch vụ miễn phí.

**German:** Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-844-854-6886. Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.



Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-844-854-6886 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

Russian: Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-844-854-6886. Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-844-854-6886 पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

**Italian:** È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-844-854-6886. Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

**Portugués:** Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-844-854-6886. Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

French Creole: Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-844-854-6886. Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

**Polish:** Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-844-854-6886. Ta usługa jest bezpłatna.

Japanese: 当社の健康 健康保険と薬品 処方薬プランに関するご質問にお答えするために、無料の通訳サービスがありますございます。通訳をご用命になるには、1-844-854-6886 にお電話ください。日本語を話す人 者 が支援いたします。これは無料のサービスです。